

Flash Mob “Proud Mary” Choreography

<u>MUSIC</u>	<u>FOOTWORK</u>	<u>ARMS</u>
Left a good job in the city... 2X	Walk To The Right 3 Steps Right Left – crossing in front Right Hip left – Hip right REPEAT TO THE LEFT	Arms straight up diagonally to the right Arms straight down diagonally to the left Arms straight up diagonally to the right Jazz hands up, elbows by hips. Hands move left – right REPEAT TO THE LEFT
Big wheels keep on turning... 2X	Facing Front Side together side touch REPEAT TO THE LEFT	Arms straight making a circle in the air left to right REPEAT ARMS RIGHT TO LEFT
Rollin, rollin, rollin, rollin on the river... 4X	Temptation Walk to the right REPEAT TO THE LEFT	Temptation arms clapping at the end REPEAT TO THE LEFT
Do dat do do do... 3X	Jump Forward Right foot – Left foot Head and Chest High Jump Back Right foot – Left foot Bend Forward Looking Down REPEAT	Arms up bent at the elbow Jazz hands facing front Arms down straight Jazz hands facing back REPEAT
Music Only	Step diagonally right pushing right hip forward Step diagonally left pushing left hip forward MAKE ¼ TURN TO THE RIGHT AND REPEAT MAKE ¼ TURN TO THE RIGHT AND REPEAT MAKE ¼ TURN TO THE RIGHT AND REPEAT	Clap hand high to the right Clap hands high to the left REPEAT